



# MASTERS' WORKSHOP

Conducted by BTCB Technical Committee



*It will help give you confidence and put the finishing touch to your preparations, so as to maximise your chances of success.*

VENUE	Sport & Leisure Centre, University of the West of Scotland, Almada Street, Hamilton, ML3 0JB	
DATE	Saturday, 28th August	9.30am to 11.30am
	Sunday, 29th August	9.30am to 11.30am
	(Dan promotion starts 1pm both days)	
COST	Free for Dan promotion candidates (Please show your BTCB grading slip on entry) £10 per session for everyone else	

These sessions are always well attended because participants appreciate the benefits and advances in their knowledge, which come from being taught by some of the best taekwondo practitioners in the United Kingdom today.

All areas of our art are covered in depth—patterns, basics, self defence, breaking and WTF sparring.

The instructors have reputations for

- *high levels of expertise*
- *excellent teaching ability (producing easily understood explanations and demonstrations)*
- *enjoyment and enthusiasm for taekwondo*

All of these make the day an absolute must for the serious Taekwondo person.

## WORKSHOP INSTRUCTORS

Master Ian Lennox (7 <sup>th</sup> Dan)	<i>BTCB Technical Director</i>
Master Neil Guest (7 <sup>th</sup> Dan)	<i>BTCB Secretary General</i>
Master Adrian Tranter (6 <sup>th</sup> Dan)	<i>BTCB Chairman</i>

**FURTHER INFO**    Master Bill Darlington  
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